

NEWS FROM THE HEALTH OFFICE

April 2008

SCHOOL PHYSICALS FOR 2008/2009

A current physical examination is required for students entering kindergarten, 6th and 9th grades and transfer students. **Physicals may be turned in to the Health Office once completed or with registration papers before the first day of school.** Due to the high volume of children requiring physicals in the fall, you may want to secure a doctor's appointment now or as soon as possible. District policy states that for safety purposes a student **cannot participate in physical education unless a current physical is on file.**

In addition to the basic series and boosters for DPT, polio and MMR immunizations, all students entering 5th - 12th grades for the 2008-09 school years are required to have received the **Hepatitis B** immunization series **or** be on a written schedule. A written schedule must be provided to the school Health Office if the series has not been completed.

For the 2008-2009 school year, children entering kindergarten through 6th grade must have received a varicella (chicken pox) immunization **or** provide a doctor/health care provider's written statement verifying disease history **or** laboratory evidence of immunity. The month and year of infection must be noted and on file.

Please be sure your medical provider has completed all the following requirements before you leave their office.

Physical:

1. Only the current **double-sided** Illinois State physical form will be accepted.
2. The Physical must be completed within one year of entering school in the fall of 2008.
3. Physicals may be completed, **signed and dated**, by a Physician, Advanced Practice Nurse (APN), or Physician's Assistant (PA).
4. Physical Examination Requirements: **Height, Weight, BMI, and B/P** completed.
5. Diabetes Screening and Lead Risk Questionnaire **must** be completed and results indicated.
6. Physical Education: **participation indicated Yes, No, or Modified.**
7. The Systems Review portion must be completed.

Immunizations:

Your health care provider must **fill in, sign, and date** the Immunization portion of the exam form. If your student received additional immunizations, please be sure they are indicated on the form. Yes, sometimes the series is complete but not indicated on the form!

DENTAL EXAM REQUIREMENTS

Students entering kindergarten, second and sixth grades will be required to submit evidence of a dental examination by May 15th of 2009. Johnson School participates in the Dental Screening and Sealant Program that is provided by the DuPage County Health Department's Dental Unit. We have not received a date for their 2008/2009 school year visit. We anticipate participating in the program next year and will have a date before the end of this school year. We anticipate sending home permission forms in the "Back To School" packet of information.

VISION EXAM REQUIREMENTS

The State of Illinois now requires all children, entering kindergarten or children who are transferring into Illinois from out of state, to have a comprehensive eye exam prior to starting school. The exam must be done by an optometrist or ophthalmologist. The results must be submitted to the Health Office on the approved Illinois Department of Public Health eye exam form, which is not yet available. The requirement begins with the 2008 school year and applies to all future years. The Health Office will send out the exam forms when they become available and inform parents of the date when the exam forms are due.



MEDICATION AT SCHOOL

As the end of the school year approaches, parents of students who have prescriptions held in the Health Office will need to pick up any remaining medication by the last day of class. Medication and inhalers **cannot** be sent home with your student, and **cannot** be saved for next year. **Any medication that is not picked up by 12:00pm, June 4, 2008 will be disposed of.** The Health Office **cannot** store inhaler chambers left at school over summer break. All storage cabinets will be thoroughly cleaned and will need to be free of all medication and supplies. Please call the Health Office and ask for Liz if you need to make other arrangements. Asthma Care Plans and Medication Permission forms for 2008/2009 will be sent home before school starts in August.



PURGING STUDENT FILES

Portions of the temporary student records for students moving on to (Middle School or High School) will be updated and/or deleted prior to the end of the school year. If you would like to come in to inspect or copy any records, please call the school office. All immunization records, accident reports, academic transcripts (grades, class rank, graduation date, grade level achieved and scores on college entrance exams), records of release of information contained in the permanent record, scores on the Prairie State Achievement Test, honors and awards received and information about a student's extracurricular activities will be kept as part of the permanent school records. And a reminder that 5th & 8th grade records are transferred to the next school before the end of the school year and are not available over the summer.

RESOURCE INFORMATION

We have included a list of resources for school physical exams, vision exams, and scheduling an appointment for immunizations at the DuPage County Health Department. Starting May 1, 2008, the DuPage County Health Department will change their walk-in immunization clinics to scheduled appointment clinics. They will be using a single telephone number **(630)682-7400** for clients to use to schedule appointments. This telephone number may also be used to schedule other types of appointments or to obtain information about other services that are offered. The benefits are that there will be less waiting time, knowing in advance what paperwork and information to bring to the clinic, and receiving reminder calls or letters for scheduled appointments.

Be sure to watch for your student's "BACK TO SCHOOL" packet of information when they return to school on August 19, 2008.

DUE DATE REMINDER for 2008/2009

Physicals and vision exams for Kindergarten students are due before the first day of school, August 19, 2008. The exclusion date for physicals and immunizations is September 15, 2008.

Dental exams for Kindergarten and 2nd grades are due before May 15, 2009.

PLEASE CALL THE HEALTH OFFICE WITH ANY QUESTIONS

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